

DIVERSITY



2019 Ministry of Education, Culture, Sports, Science and Technology (MEXT) Funds for the development of human resources in science and technology, Initiative for the implementation of the diversity research environment (Driving Type)

“What is your favorite food?” “Meat!” – NUT President chats with elementary school children attending on-campus temporary daycare!

This summer, Nagaoka University of Technology implemented “on-campus temporary daycare” for the first time. It was open for four days, during August 7–10. A total of nearly 50 elementary school children participated. Under the banner, “Provide children with exciting and thrilling experiences!” faculty and staff from various departments with different responsibilities collaborated as a unified team.

It was a great success that we offered the experience of “Visiting the President’s Room.” President Dr. Kamado listened earnestly to the children’s questions and provided answers carefully to encourage children to stretch themselves a bit, blending easily understandable words with expert knowledge and jargon. Particularly, the scene of President Kamado asking elementary school children, “What is your favorite food, students?” and the children striving to be the first to answer the question was a moment that made us all smile.

Any list of the key players in this project would have to include foremost the NUT students who cooperated as volunteers. The time the students spent with children seems to encompass many memories that cannot be recounted without tears. This is no exaggeration. We express our gratitude to those students once again on this occasion with words of our sincere appreciation: “Thank you very much for your hard work.”



Management Tool for Menstrual Periods “LunaLuna” is Coming! A Symposium Will be Held

大岡山大学が推進する「女性活躍推進事業」ダイバーシティ研究環境実現イニシアティブ（第1期）

Femtech x Technology

生理日管理ツールのバイオニア / **LunaLuna**
開発秘話と込められた想い！

講師 日根 麻綾 氏
株式会社エヌイーエー 執行役員
ヘルスケア事業部長 / エヌイーエー 取締役

2023. 11.29 (水)
13:00~14:45 (12:40開場)
オンラインと対面のハイブリッド開催

参加費 無料
一回生あり
手紙あり

主催 学生生活部 協賛 ダイバーシティ研究環境実現シンポジウム

ビッグデータが導く革新と可能性：
経済産業省が推し進めるFemtechを活用
することで私たちの日常はどのように変化するのか

At 13:00 on November 29 (Wed.), a symposium will be held in a hybrid format, both online and in person, addressing the theme of “Innovation and Potential Led by Big Data: How our daily lives are changed using Fem tech, promoted by the Ministry of Economy, Trade and Industry.”

Fem tech is a coined term combining Female and Technology, referring to products and services aimed at addressing female health issues through the use of technology. We invite

Ms. Maaya Hine, an executive officer at MTI Ltd., which develops and operates the Management Tool for Menstrual Periods “LunaLuna,” as a speaker. She will deliver a lecture on the undisclosed story behind application development using big data and the economic effects of Fem tech. This symposium will provide an opportunity to think about how organizations address “health issues” from the perspectives of the utilization and management of human resources. Please join us.

For application and details, scan the QR code here.



Nagaoka University of Technology Staff member Mr. Z (fictitious name)

The reason for my consideration to take childcare leave is that I anticipated an increase in my wife's burdens of childcare and housework after giving birth. I wanted to reduce her burdens, if even only to a small extent. After discussing with my wife how to manage our family life, I decided to apply for childcare leave.

When I consulted with my boss about taking childcare leave, it was willingly approved because my boss' son had also taken childcare leave before. Furthermore, my boss negotiated with the responsible department about how to cover my work and, according to my wishes, established a system to ensure that my six-month absence for childcare leave would not cause any trouble.

During the first few weeks of my childcare leave, I was busy attending to the needs of my daughter, who regressed and behaved like a baby again, and my infant son. However, I rarely found it hard. I shared moments of smiles while dealing with the challenges of taking care of them, such as diaper changes and bath time.

At the end of my childcare leave, I felt our family bond had deepened even more because my wife and daughter wanted me to spend more time together for a longer period. Although my childcare leave has ended, I want to continue observing my children's growth while cherishing time with my family, keeping this experience in mind.



Upcoming Event Schedule

In the process of scheduling **Doctoral Program Advancement Seminar (tentative) Venue: Nagaoka University of Technology (planned)**

Nov.23 (holiday) Waffle Camp Hometown in Nagaoka Programming Course for Female Junior High and High School Students Venue: Miraie Nagaoka

Nov.25(Sat.)- Dec.10 (Sun.) Orange Day The international day adopted by the United Nations to eliminate violence against women

November 29(Wed.) Diversity Symposium Innovation and Potential Led by Big Data: How our daily lives change using Fem tech, promoted by the Ministry of Economy, Trade and Industry
Venue: Nagaoka University of Technology & Online

The Fifth Meeting for Diversity Partner Institutions and Cooperative Organizations and

The Second General Assembly of the Preparatory Committee for the Echigo Manufacturing Industry Consortium for Diversity

Venue: Nagaoka University of Technology & Online

Column from the WLB Counseling Room

【 A Supple Mind 】

Now is the era of balancing work with parenting, caregiving, or health treatment. Furthermore, in a society affected by the COVID-19 pandemic, the ability to nurture a supple mind, cope with stress, and restore mental well-being is crucially important. When facing difficulties, let's overcome them with a flexible mindset. To do so, it is important to release negative emotions during the day. Methods for mental relaxation include exercises and breathing techniques, listening to music, and putting emotions into words. Having someone listen to you is also effective. The WLB Counseling Room is not only for those who want to have a consultation, but also for those who want their stories to be heard. Please feel free to consult with us.

WLB Consultation Appointment

Email : wlb_soudan@vos.nagaokaut.ac.jp

TEL. : 0258-47-9911

(Nagaoka University of Technology ext 9911、 2170)

[Edited and published by]
Section for Research Environment Diversity
(Trilateral Secretariat Office) Nagaoka University of
Technology 1603-1 Kamitomiokamachi, Nagaoka, Niigata
〒940-2188 TEL. 0258-47-9911 (extension 9911, 2170)
Email: danjo@jcom.nagaokaut.ac.jp

Editor Note: In early August, at the peak of summer, NUT implemented its first attempt, a temporary daycare, while enduring the sweltering heat. The scorching sunlight beat down on our skin. The elementary school children were full of energy. I moved around the campus a lot, running while perspiring. Unfortunately, my weight did not decrease. Despite not achieving weight loss, I had four enjoyable days! (September 2023)